



Teresa Freeman

Career Coach, Author of "Soft Skills I learned the Hard way" and Podcast Host of REAL-atable

Teresa Freeman



Teresa Freeman is a career coach, author, and soft skills expert seeking to unlock your success

Teresa relies on her more than 25 years in human resources management with brands like Amazon and IBM to help her clients hone in on their soft skills through individual coaching, group workshops, and speaking engagements.

From the classroom to the boardroom, Teresa provides unique and simple ways to unleash your soft skills for success.

"Teresa's ability to genuinely connect with others enables her to provide unparalleled insight that matters."

M. Sagrario EY Consulting

Teresa Freeman



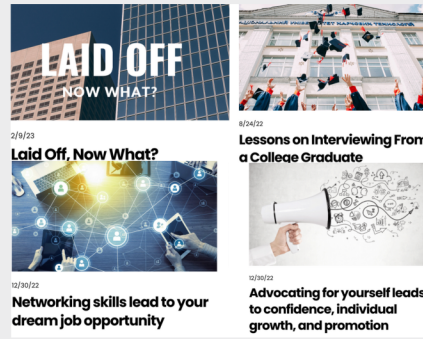
Teresa Freeman



Book



Podcast



Blog



Newsletter

The Tea on Teresa



"This book offers you a level of support and technical knowledge to help you not only feel more confident in life, but also influence others to be more confident as well."



"Thank you Teresa, Your interview is an eye opener. I am definitely applying the tips in my CVs, and job applications."



"There's a big disconnect between what companies can offer and what quality candidates are demanding right now."



"It's like a late night talk show but with real, ordinary people. Dig it. Listen to them all!!"

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Contact

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